

Teaching Ethical Standards and Practice within Pre-Service and In-Service Interpreter Education Programs

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Appendix B: Sample Journal Exercises

Journal Exercise:

In Covey's (1989) book, *Seven Habits of Highly Effective People*, he discusses the importance of developing a mission statement as part of the process of internalizing Habit 2: Begin with the End in Mind (p. 137). Your journal exercise is to prepare a mission statement for your interpreting career. This statement should delineate your role and goals as an interpreter, guided by your core values and the application of those values to the Deaf Community and field of interpreting.

My mission as an interpreter:

Now, consider and respond to the following questions.

- What did you learn about yourself during this exercise?
- What core values emerged as a result of this exercise?
- How do you think the Deaf Community would respond to your mission statement?
- How do you think your fellow interpreting practitioners would respond to your mission statement?
- What in your life do you need to change in order to make the mission statement a reality?
- What obstacles exist that might detract you from making or impede your ability to make the changes?

Recommended Readings:

Covey, S. (1989) *The 7 Habits of Highly Effective People*, Part 2-Habits 3, pp. 146-182.
Kidder, R. (1994) *How Good People Make Tough Choices*, Chapter 1-3, pp. 13-76.